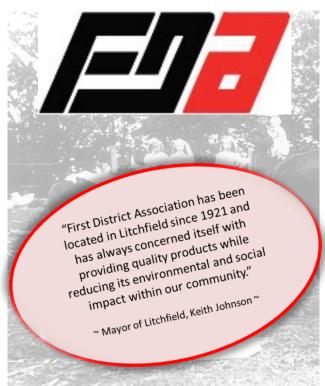


2016 Annual Progress Report

FDA's Commitment to Sustainability

# Welcome

# WELCOME TO FIRST DISTRICT ASSOCIATION



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## CEO MESSAGE

**O**ur mission at FDA is to create a sustainable market for dairy products and allow family farms to prosper in the time honored Midwest dairy traditions.

Since our inception in 1921, our grass roots cooperative has grown to approximately 1,000 member owners. Through significant growth, our commitment to the nutritious, wholesome dairy products we bring to your table has not wavered. We attribute our success to our devoted dairy farmers, loyal employees and our stakeholders who share our history, core values and social responsibility. We are excited to share our story with you.

int tall

President/CEO

## **BOARD OF DIRECTORS STATEMENT**

**A**t FDA, we recognize that sustainability starts with our dairy farmers by practicing farming techniques that protect the environment, public health, local communities as well as animal welfare and valued livestock.

We are proud to share with you a few of the stories that our dairy farmers are currently doing to practice sustainable agriculture. We continue to support and urge our dairy producer members, as well as our manufacturing facility, to develop new and innovative ways to produce our dairy products in a sustainable fashion.

The heart of our business is to provide this world with safe, quality dairy products while preserving our environment and communities for the next 100 years.

The FDA Board of Directors

## Social Responsibility

#### SHARING OUR JOURNEY!

**F**irst District Association demonstrates its corporate citizenship by adhering to all environmental regulations. We promote cooperation and coordination between industry, government and the public toward the shared goal of preventing pollution at its source. FDA has been a steward within the community involving community pride and clean-up. FDA proactively communicates and engages with its neighbors regarding future plans for growth and expansion of its facility. FDA is particularly sensitive to noise and light pollution in the areas surrounding its facility and uses up to date technology to keep them as low as possible.



Social Responsibility can encompass a wide variety of topics. Here are a few of the broad categories of social responsibility that FDA continues to focus on:

**Environment:** Businesses, such as FDA, have the potential for a large carbon footprint. Any steps we can take to reduce emissions are considered both good for the company and society as a whole.

**Giving Back:** FDA practices social responsibility through donations. Whether it involves giving money or time, we realize that our resources can benefit charities and local community programs.

**Ethical Labor Practices:** By treating employees fairly and ethically, FDA can also demonstrate social responsibility. We continue to strive to be a company where todays top talent chooses to work. The next generation of employees is seeking out employers that are focused on the triple bottom line: people, planet and revenue.

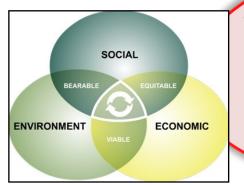
As you will see through this report, FDA does and will continue to improve upon practices that constitute **"Doing the Right Thing"** as well as making it a core culture within our operation. FDA will continue to be socially responsible. Through transparency and honesty, our intent is to continue to earn your trust, appeal to socially conscious consumers and employees, and continue making a real difference in the world.



Global dairy demand (excluding butter) projected to reach 2 trillion lbs. of fresh milk equivalents

Planet would need 83 million additional cows at current global productivity rate gains applying greater stress on planet's limited resources

A sustainable solution depends on innovation



"FDA is an innovative company, continuously adapting to the changing market and investing in expansions to remain competitive and meet consumers' demands. The environmental impact of its production facility is of critical importance and expansions are established around energy and water conservation."

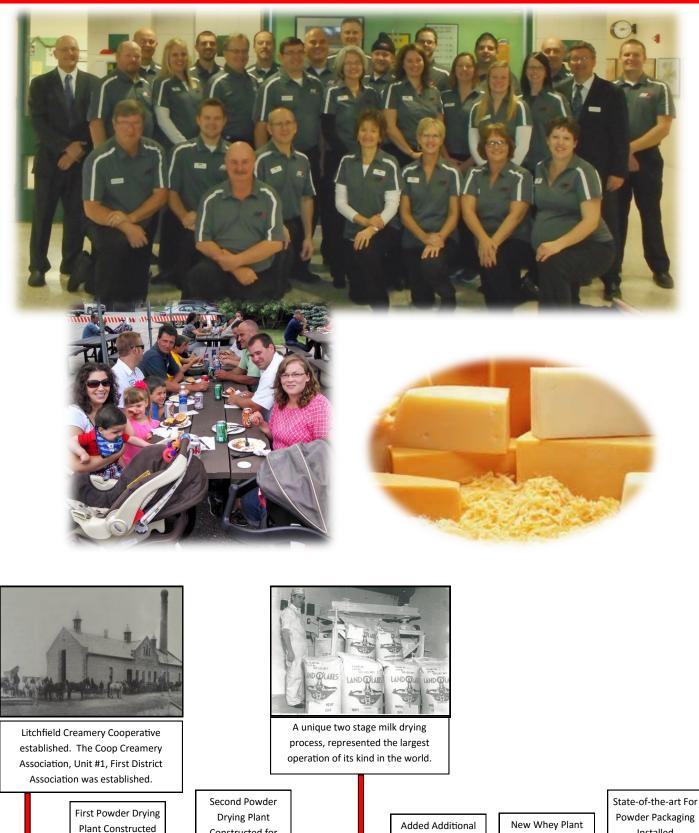
~ Tetra Pak, Craig Linz ^

#### **Dairy Sustainability Goals**

Providing consumers with the nutritious dairy products they want, in a way that makes the industry, people and the earth economically, environmentally and socially better — now and for future generations



## **History Timeline**



4

1921

for Buttermilk

1926

1942

Constructed for

Skim Milk

1943

1951

Warehousing

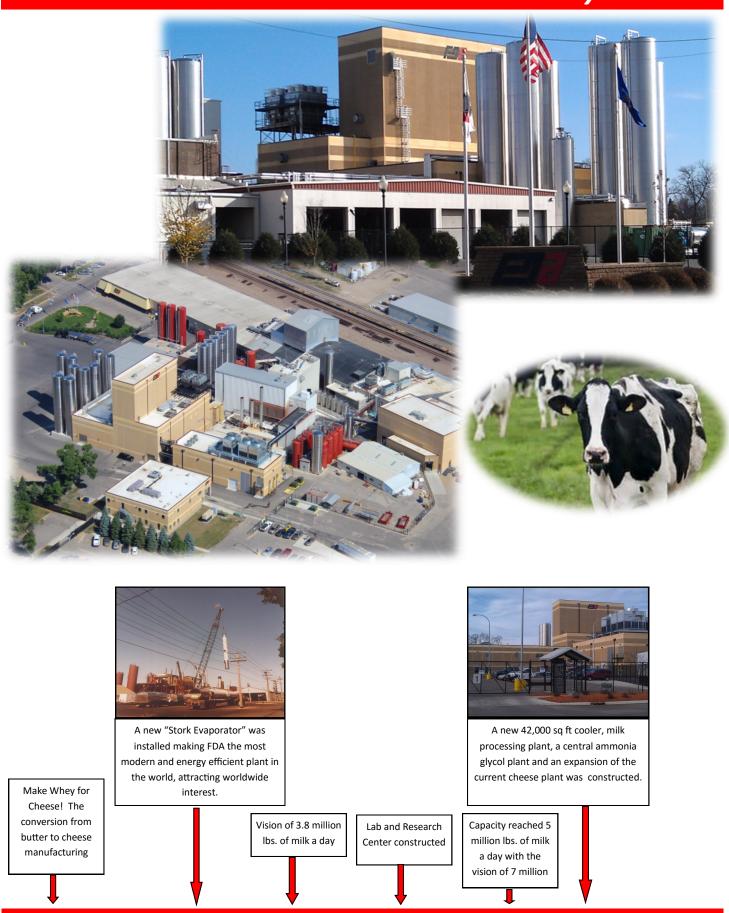
1956

Constructed

1959

Installed

# History Timeline



## **Environmental Sustainability**

### DAIRY INDUSTRY SUSTAINABILITY



**A**griculture and the dairy industry are faced with significant challenges to produce more with less impact. Over the next 40 years, land, energy, water, and weather constraints will place unprecedented pressure on people's ability to access its most basic goods. We must produce more food in the next four decades than we have in the last 8,000 years of agriculture combined. And we must do so sustainably. Systems currently support 7 billion people worldwide. Projections are that the population will grow to more than 9 billion by 2050, requiring a 70% increase in food production.

We also realize that consumers are increasingly considering sustainability factors when making food choices for their families. They are interested in knowing that the foods they buy are produced and processed in an environmentally responsible manner. First District Association and its dairy farm families in Central Minnesota are strongly committed to utilizing sustainable practices now and in the future. Issues we will focus on include, but are not limited to the following:

- $\Rightarrow$  Water Supply & Usage
- ⇒ Energy Usage
- ⇒ Reduction of Greenhouse Gas Emissions
- ⇒ Solid Waste Reduction & Recycling

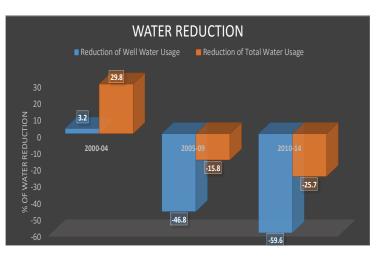


### WATER SUPPLY & USAGE

**F**irst District Association has a unique and complex multi-stage water reclamation system that recovers almost 100% of the water contained in the incoming milk.

This process goes through various steps to be able to wash the facility and equipment and be reused in the production process.

As we continue to process more milk, the total well water usage continues to decrease and we continue to re-balance the water resources to use less well water resources and more and more reclaimed and recycled cow water.



In 2016 a project was completed to reduce our well water usage by approximately **6.3 million** gallons annually.



Gallons of water recycled in our processing plants annually

## "One Project At A Time"



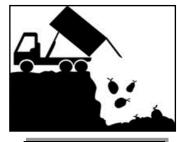
#### ENERGY USAGE

Within the scope of any given year, there are various projects that impact plant sustainability in both small and large ways. Regardless of impact and size, the emphasis

on reducing First District Associations' carbon footprint and environmental and social impact within our community remains a high priority in plant project planning.

"One Project at a Time" is a program implemented to highlight those projects that continue to provide contributions toward achieving stated goals

 $\Rightarrow$  Changing exterior lighting to high-efficient LED. Reasonable return on investment and an annual direct energy reduction of 2,483 KWh, which is equivalent to reducing our carbon footprint by 3,847 lbs/year.



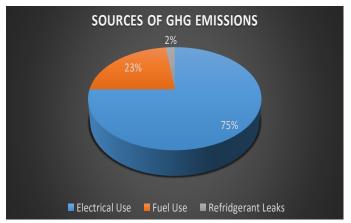
Equivalent to ½ ton of waste recycled annually instead of landfilled



Equivalent to 200 less gallons of gasoline consumed per year

#### **GREENHOUSE GAS EMISSIONS**

Energy used in FDA's milk processing process produces greenhouse gas emissions within the total life cycle of fluid milk. These emissions come from:



Energy efficiency best practices can help fluid milk plants reduce energy use, emissions and operating costs. FDA continues to improve their bottom line with ongoing concentration on:

- $\Rightarrow$  Energy efficient lighting
- $\Rightarrow$  Boiler upgrades
- $\Rightarrow$  Refrigerant system upgrades
- $\Rightarrow$  Reverse osmosis filter systems
- $\Rightarrow$  Solar panels
- $\Rightarrow$  Variable speed drives
- $\Rightarrow$  Plant energy audits
- $\Rightarrow$  Steam system assessments



Reduction of kWh/CWT of milk processed in the last 10 years

"We applaud FDA's continued effort and stewardship of the environment and of the energy resources. In all our dealings with FDA, we never met the attitude of leaving good enough alone. Instead, there was a continuous search for the better solution ..." ~ CALORIS CEO, Artur Zimmer~



Reduction of natural gas Mcf/CWT of milk processed in the last 10 years

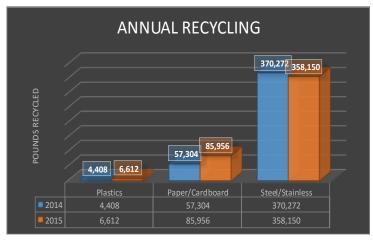
## "One Project At A Time"



#### **RECYCLING WASTE**

There is a culture developing that in order to take care of our planet, it needs to start at the plant level with a concentrated effort of recycling with a "Zero to Landfill" mentality.

Each year we continue to grow our efforts and look for new options to be better at recycling. This includes getting more employees involved with the recycling process. These efforts have 2016 shaping up to be a year that has seen a re-focus and gathering of information to do a more consistent job in the years to come.



Relationships are being formed with the surrounding recycling centers in an effort to capture more items prior to landfill. These relationships are priceless and have already shown promising environmental benefits in our waste collection. From better collection statistics, more efficiencies and more collection bins at various sites on our campus.



Other items recycled annually:

- Average 850 gallons of used oil  $\Rightarrow$
- ⇒ Average 1100 fluorescent bulbs
- Average 166 lbs of batteries  $\Rightarrow$
- ⇒ Average 132 lbs of electronic components



### FUTURE OF AG PLASTICS

First District Association remains dedicated to enhancing our Sustainability Program by growing recycling opportunities outside our plant gates. As part

of that effort we have partnered with McLeod County Solid Waste Management and Meeker County Solid Waste & Recycling to develop a program that will help collect and recycle agricultural film plastic from dairy farms and other agricultural operations in Meeker County. The project is intended to provide an environmentallyresponsible option for disposal of Ag Plastics which include silage bags, bunker covers and bale wraps that have been cut into manageable sizes.

The attempt is to educate that recycling these plastics is a more positive alternative to the typical practice of delivering it to the landfill or improperly disposing of it on the farm.

In addition to this, First District Association is looking into the option of providing "drop locations" for Ag plastic if you have small amounts for all counties within our entire member-patron cooperative in the state of Minnesota Stay tuned as we dive in and determine the success of this pressing agricultural issue.





## Sustainable Farming Systems

#### FARM CONTINUOUS IMPROVEMENTS



As a grass roots cooperative, FDA has around 1,000 member owners. We are confident in our best farm management practices and the vast

array of educational and regulatory resources to assist them with all areas of sustainability and compliance.

Farms are monitored using various criteria of farm management tools by our Field Representatives, the Minnesota Department of Agriculture, as well as the Food & Drug Administration through federal surveys and inspections. Farm protocols and improvement plans are also initiated through the voluntary FARM (Farmers Assuring Responsible Management) Program.

 ⇒ As of August 2016, FDA is proud to announce that 100% of our farms are FARM Certified! The focus of these programs are to emphasize and support the following areas:

#### Agrochemicals and Fuels

Comply with all areas of nutrient management, agricultural fertilizers and pest management.

#### Soil Management

Encourage and assure best soil management and conservation practices.

#### Water Management

Comply with scheduled water testing as well as following proper Milkhouse Wastewater Treatment Conservation Practices.

#### **Biodiversity**

Responsible interactions among resources, the environment and the management systems and practices used by our farmers.

#### Waste Management

Invest in manure digestion systems and other forms of recycling and waste management to reduce waste to landfill quantities.

#### **Energy Management**

Pursue alternatives such as solar, wind, etc. and commit and participate in energy efficiency studies to minimize and reduce usage.



#### Social and Human Capital

Encourage strong, ethical working relationships and farm safety and awareness on its farms.

#### Dairy Cow Care/Animal Welfare

The FARM program is recognized as the dairy industry standard in animal care.

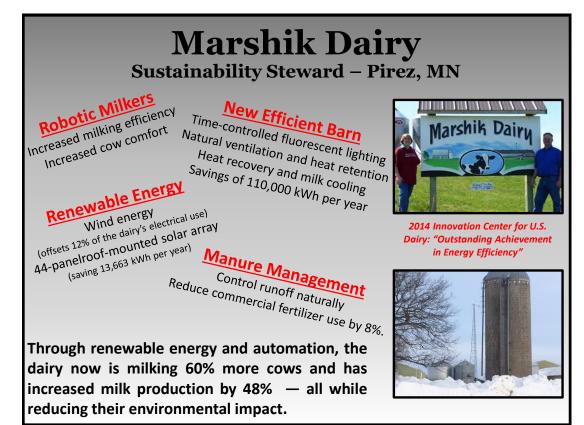
- ⇒ Implemented the "See It, Stop It" campaign as a valuable resource to assist with employee on -farm protocols for animal welfare.
- ⇒ FDA has been an active participant for animal welfare programs within Minnesota.

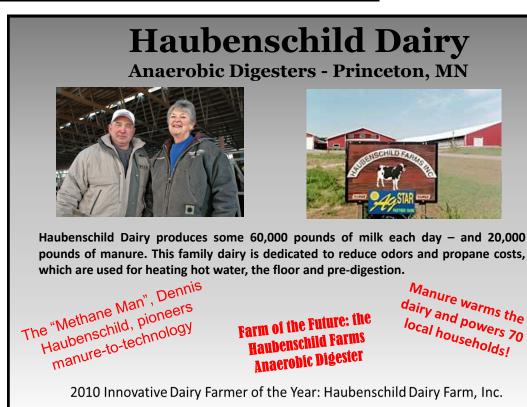


The evolution of the dairy farm has significantly evolved in the overall efficiency of the cow, land, crops, and equipment. It is exciting and evident that the footprint continues to shrink and dairy farmers are definitely doing more with less in an effort to conserve our resources.

## "One Farm At A Time"

# Sustainability At Work in Our Cooperative!





## **Employee Welfare**

The health and well-being of our employees and their families is a very important and integrated part of FDA. We are committed to the safety and well-being of our employees and believe excellent safety performance not only prevents injuries, but reflects the total human condition at our cooperative and has a positive impact on the bottom line.

"FDA's decisions best represent and prioritize the virtues of: safety, environmentally and economically responsible and actively represents itself in the community. A simpler way to put it; FDA **just does things right**!" "Carlson & Stewart Refrigeration ~

### EMPLOYMENT & EMPLOYEE SAFETY



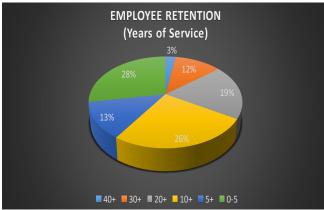
**A** re-emphasis on a rejuvenated *"Culture of Safety"* through awareness and 60+ effective training classes per year. Our goal annually is an accident free workplace and to identify and eliminate safety hazards when possible. All of this in an attempt to have limited *Days Away From Work, No Restrictions or Transfers* 



(DART) that is regularly below the Cheese Industry average, while striving to improve from previous years numbers.

FDA adheres to all federal, state and local laws regarding employment and is fully committed to attracting, retaining, developing and promoting the most qualified employees. We also seek to provide a work environment free from discrimination and insist that all employees be treated with dignity, respect and courtesy.

### **SUCCESSION PLANNING & TENURE**



**M**aintaining an effective and stable workforce is a big component of establishing our quality dairy products. Succession planning is tied to FDA's strategic business plan along with long term changes in direction,



company growth, and staffing needs. FDA recognizes an ongoing effort is required to prepare people to meet our

organizational needs for talent over time. We will continue to evaluate critical roles within our aging workforce. Currently the workforce is made up of 155 employees with 72% of those employed 5 years +.

Of course, any effective work force requires a devotion to employee development where through internal and external means, employees continue to find purpose through stretching their limits through education and continued leaning.

## Sustainable Workforce

#### **HEALTH & SAFETY**

- Effective safety programs that fosters safety culture
- DART for Cheese Industry is 7.1;
  FDA is 3.5 always with a goal of "0" lost time accidents

## SUCCESSION PLANNING

- Evaluate critical roles in an aging workforce
- Successful promotions of 10 employees into critical roles



# TRAINING & DEVELOPMENT

- Striving for better overall company communication
- 59 training classes in 2014 to rejuvenate effective and interactive communication

## SUSTAINABLE WORKFORCE

Balance the interests of FDA, employees, families and community by giving opportunities to continuously develop.





### DEMOGRAPHICS

- Maintain an effective workforce with longevity
- 155 employees with 72% being at FDA 5+ years



### INTERNSHIPS

- Preparing those interested in a career in agriculture
- Consistent use of up to 3 interns from surrounding postsecondary agriculture programs

## Community



**F**irst District supports the communities in which our members, and employees are actively involved. As a farmer-owned

cooperative, local agriculture and dairy-related organizations are a top priority.



### **DONATIONS & COMMUNITY**

FDA supports:

- $\Rightarrow$  Agriculture and dairy organization meetings
- ⇒ Dairy farm breakfasts / June dairy month
- $\Rightarrow$  Dairy promotions at local businesses
- $\Rightarrow$  K-12 agriculture / dairy education programs
- $\Rightarrow$  Farm management education
- $\Rightarrow$  Local emergency health services
- $\Rightarrow$  County fairs, cattle shows and dairy expos
- $\Rightarrow$  4-H and FFA
- ⇒ Ag-related government organizations
- $\Rightarrow$  Local festivals

### **PROUD SUPPORTERS OF:**



#### Supporting agricultural education, our local schools and area mentorship programs

### EDUCATIONAL SUPPORT

⇒ Every year, First District Association awards up to 14 scholarships totaling \$7,500 to memberowners or the children of member-owners who are pursuing a career in the agricultural field.





⇒ FDA provides three internship opportunities annually for those pursuing a career in dairy processing programs or related fields.



- ⇒ Numerous educational tours to youth organizations, FFA, 4-H, and milk, dairy and agricultural related clubs and organizations.
- ⇒ Future plans include more focus on community engagement through employee volunteerism and providing employee resources for community related projects.
- ⇒ FDA realizes the Impact of farming on the local economy and its ability to provide good jobs for Minnesotans. We just don't work in Litchfield, MN, we live here too, and want to help make it a great community.